



Ozanam
basketball
program

Newsletter



We are committed to making a difference in the lives of the youth we serve.

OZANAM, INC. Pittsburgh, PA

VOLUME 7

ISSUE: SUMMER 2017

Summer Camp Feature

Jerry Addo

The Ozanam/Josh Gibson Summer Camp Challenge program gives kids an opportunity to use interactive skills to get to know other kids. Meet Jerry Addo, a three-year Camp Challenge participant. Jerry is a 9-year old, rising fourth-grader who attends Dilworth Elementary. Jerry is part of the Ozanam Afterschool program at Ammons Recreation Center in the Hill District.

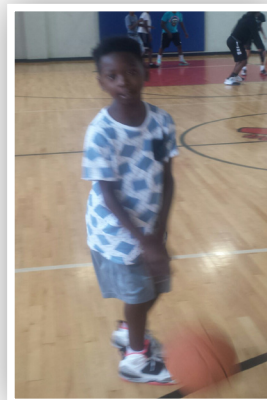


Camp highlights for Jerry have been taking field trips. "We took trips to Science Center, Heinz History Center, went to a Pirates baseball game. We saw inside the Pirates locker room, said Addo. "We also had dental check-ups at PNC Park," he added. Jerry enjoys the comradery with kids in his age group. "I like getting together with other kids to have fun playing basketball and especially the pool party."

Also, Jerry enjoyed learning math from Mr. Darelle Porter, Ozanam Executive Director. "We learned multiplication, division, subtraction, and addition." Jerry comes to camp to interact with friends, learn about pool safety from Camp lifeguard, Uncle Charlie. "He teaches us how to be safe at the pool. He also teaches us different swim strokes."

Julius Best

The Ozanam/Summer Challenge Camp encourages children to be physically active outdoors. Meet Julius Best. Julius Best is 9-year old. He is a three year camp participant who is a rising fourth-grader at St. Benedict the Moor School. He attends the Ozanam afterschool program during the year.



Julius comes to camp to have fun with other kids and to play sports. "If I put camp together for one day, I would have kids playing basketball, eating pizza for lunch, going to the pool, and take a field trip to Kennywood Park." For next year, we should have a Pittsburgh Steeler visit camp and go on a fieldtrip to the Trampoline Park.

My favorite part of camp is playing basketball. I play Junior Varsity (JV) for my school. I like the Dunk. I can't dunk yet but I got "handles." My dribble skills are good.

The newest part of camp this year for me is meeting new friends.

Ozanam /Camp Challenge creates opportunities for kids to have fun and form new friendships.

DID YOU KNOW.....?

1. Ozanam alumnus Vaughn Luton, Cornell High School, was inducted into Robert Morris University Hall-of-Fame for his stellar collegiate basketball career.
2. Actor Lamman Rucker, 6'3, who had roles in Tyler Perry films Why Did I Get Married?, Why Did I Get Married Too?, and Meet the Browns, and its television adaptation is an Ozanam alumnus. Rucker also starred as Jacob Greenleaf in the Oprah Winfrey Network drama series, Greenleaf.
3. Ozanam teaches participants and provides collaborative entrepreneurial opportunities.



Ozanam alumnus Lamman Rucker speaking at Ammon Center.

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FCAA 12 & U CHAMPIONS!



S. Heart 14 & U Champions!



OZ Girls Basketball Summer League game



Big Tom Barbershop on the Hill - Ozanam Entrepreneur Program



David Edmunds of Edmunds Design at Ozanam Entrepreneur Program



Ozanam High School Program doing service project at Ronald McDonald House.. Giving back PRICELESS



Dr. Hagen talking to Ozanam Girls group



UPMC manhood workshop



Ozanam Free Heart Screening

UPCOMING EVENTS

AUGUST

11 – Camp Challenge Summer Camp ends
20 – Afterschool Program Starts

SEPTEMBER

23 – Eligibility Workshop & Shoot-out
9:00am – 12:00pm @ Westinghouse High School

31 – Fall League Starts

OCTOBER

7 – 11 – Developmental Boys/Girls Basketball Boys
10:00 – 11:00am @ Ammon Recreation Center

Ozanam Board Members

Officers:

Milona Wall
Board President

Darelle Porter
Executive Director
Program Director

Karen Hall
Assistant Executive Director
Director of Communication
Girls Program Director

Diane Stotts
Executive Secretary

Members:

Howard Bullard

Timothy Freeman

Rahmon Hart

Nelson Cooper

Gary Schwager

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Ozanam Free Heart Screening



Ozanam Free Heart Screening



Pete Sauers' mom, wife, and children.
Ozanam Free Heart Screening



Camp Challenge Campers learning about
August Wilson at August Wilson Park



Coach Hall - Developmental Workouts



Coach Hall - Demonstrates Dribbling



Jack Whealty at Summer Enrichment
Program



Breakfast Club Pool Workouts



Breakfast Club Pool Workouts

Ozanam Board Member Feature: *Nelson Cooper IV* *Planting Seeds for Success...*



Nelson Cooper IV

How did this help you land your job at PNC?

Playing baseball in college was one of the greatest experiences I've ever had while at the same time, being the single most difficult thing I've ever done. The student-athlete balance is what instilled discipline and time management skills that I use every day on the job.

What do you think of the importance of the organization?

I believe that programs like Ozanam are simply the foundation of our communities. The programs that are offered, whether it is the Afterschool Program, Entrepreneur Program, or the Basketball Program, are simply top notch. I was involved in a similar program when growing up, and it definitely helped shape who I am today. Additionally, Ozanam has affected the lives of thousands and thousands of people over the past half-century. I am proud to be a board member of such a great organization, and I plan to uphold the name and legacy.

OZ experience

Devon Alexander

My first encounter with Ozanam was in 2002. My AAU coach, Leon Green, told us where the best ball in the city was being played. That summer, I was exposed to a very challenging league. Ozanam provided me with basketball rivals and friendships.

Looking back as an adult, I am very thankful for people like: Mr. C., Dap Porter, and my lifelong mentor, Leon Green.



Devon Alexander

They represent what OZ is all about, and that is giving back and helping kids with positive opportunities that they might not normally have. Where I'm from, there are a lot of negative things and easy ways to suck you into the wrong stuff. So, each time that I had an opportunity to be in the program, it kept me off the streets and stopped me from possibly joining the wrong crowd.

Because of the great experiences and fun that I had during my time at Ozanam, I give back as much as I can whether it's coaching one of the traveling teams, tutoring kids at the after school program, refereeing games, or passing out fruit and teaching kids the importance of a healthy diet. I will always be extremely thankful for Ozanam and I wish more communities had something similar to make the world a better place.

Nutritional Facts

- **Call on cottage cheese.** Cottage cheese along with fruit or nuts can be a good breakfast choice that's high in protein plus some calcium.
- **Build on a healthy cereal.** Top a high-fiber cereal with a sprinkle of granola, bananas, and low-fat milk or plain yogurt. This combination provides good fiber and protein intake, plus calcium and potassium.
- **Few tips for a good night sleep:**
 - Set a sleep schedule and stick with it.
 - Exercise, but not within 4 hours of bedtime
 - Cut caffeine after 2p.m.
 - Eliminate light sources
 - Practice deep breathing, meditation, or guided relaxation techniques

Ozanam Facts:

- Ozanam strives to meet the challenges of today's ever changing world in the classroom and court. Preparing students to become Pittsburgh Promise Ready through its afterschool program and developing student-athletes to earn college scholarships are two strategies used to counteract the changing climate.
- Ozanam /Camp Challenge participants summer field trip included walking to August Wilson Park. The park entails an installation of vintage photographs from Pittsburgh native Charles "Teenie" Harris and the Oliver Kaufmann photograph collection; and quotations from beloved Pittsburgh playwright August Wilson "Village in the Woods" walking trails, basketball courts, and playground.
- Ozanam participants in the afterschool program are in grades first through sixth. The largest multi-year students are fourth graders, followed by second graders.

Thank You:

T.E.A.C.H.E.R.S., First National Bank, APOST, Pittsburgh Public Schools, Department of Human Services, Duquesne University Learning Center, University of Pittsburgh, UPMC, Citiparks, McGinley Foundation, Josh Gibson Foundation, Dr. Maria Townsend, Heinz Endowment, Pittsburgh Promise, Fuel Up to Play 60, Dave Edmunds, Urban Officials, Focus Imaging & Printing, PNC & Special Thanks to those individuals who support Ozanam programming.

African American Facts:

- Harold Washington was a Lawyer, State Senator, and Congressman. He was elected the 41st Mayor of Chicago. Washington was noted as the first African-American to be elected mayor of Chicago in February 1983. He served as mayor from 1983 until his death on November 25, 1987.
- Art Blakey (1919-1990) founder of the "hard bop" school of jazz, drummer Blakey grew up in Pittsburgh and got his start with Billy Eckstine's band. Blakey's group, The Jazz Messengers, featured Hank Mobley, Freddie Hubbard, Horace Silver, and Wynton Marsalis. He was awarded the Lifetime Achievement Grammy in 2005.
- A number of African-American female athletes have emerged as trail-blazers in their particular sports over the years, from track and field and tennis to figure skating and basketball. The struggles and hard-won glory of pioneers such as Alice Coachman, Althea Gibson, Wilma Rudolph, and Lynette Woodard helped pave the way for later generations of sports greats like Jackie Joyner-Kersey, Sheryl Swoopes, and Venus and Serena Williams.

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