



**Ozanam
basketball
program**

Newsletter



We are committed to making a difference in the lives of the youth we serve.

OZANAM, INC. Pittsburgh, PA

VOLUME 8

ISSUE: SUMMER 2016

Ozanam Afterschool Program Feature

INTERVIEW: AMON HAWTHORNE

1. I'm eight years old headed into third grade at Liberty Elementary School in Shadyside.
2. I've been coming to Ozanam since I was five or six years old. Ozanam is fun because of all the sports such as basketball, flag football and baseball. The different field trips to Washington, DC, Sports Centers, Soccer fields also makes being in Ozanam fun!
3. As a participant in the Ozanam Afterschool program I get to finish homework. I can play sports after completing my homework. To finish the day I get to eat dinner then I go back into the gym to play while waiting for my dad to pick me up.
4. Ozanam is fun because you get to talk with your friends more. I get to talk about how many sports we play or how old my friends are. It's fun to communicate with your friends, we laugh together at funny things.



The future of Ozanam...Amon Hawthorne

5. In the new Ozanam 10-Under boy's summer basketball league I played on team DAP2KK. We get to play other teams outside of Pittsburgh and we stayed in a hotel. Basketball is a good sport to play because we get to practice. It's fun to be a part of teams.
6. Somethings I've learned in Ozanam includes the history of Josh Gibson, I improved my drawing because of the arts and crafts, learned to help other people, and I've learned that people are different and no two people are the same.

DID YOU KNOW.....?

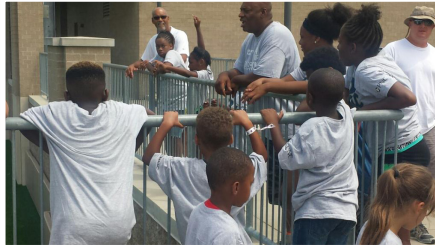
1. Ozanam has conducts eleven programs during the year which include the Aspire/African American Legends, SAT Prep, High School, and After School programs.
2. Using social media, Ozanam alumni connect with each other through Facebook, Instant Messaging, and Ozanam Website
3. Ozanam Cultural Exchange Program gives Ozanam participants and opportunity to visit colleges and universities every spring and summer. In addition to the exposure gained from visiting other cities. Campuses visited include Slippery Rock University, St. John's University, and West Virginia University.



What's Happening at Ozanam



Kirk Bruce, Pitt Associate Athletic Director &
Darelle Porter, Executive Director, Ozanam



OZ Camp Participants at University of Pittsburgh
Athletic Facilities



OZ Camp Participants at Saint Francis of
NY Athletic Facilities



OZ Camp Participants at Madison Square Garden,
NY Liberty WNBA Game.



OZ Camp Participants at Madison Square Garden,
NY Liberty WNBA Game.



Campers receive morning "roll call"
instructions.



Breakfast Club student-athletes focus on
Coach Roger's basketball and life lessons.



Ozanam giving back to community at
Ronald McDonald House.



Championship girls basketball earn
Ozanam "Gold".

UPCOMING EVENTS

Oct

30 - Halloween Party
31 - College Trip Temple University

Nov

4 - Strength and Conditioning
5 - SAT Prep Class
24 - Protech Thanksgiving Dinner

Dec

1 - Development League Starts
3 - SAT Prep Class
23 - Christmas Break

Ozanam Board Members

Officers:

Milona Wall
Board President

Darelle Porter
Executive Director
Program Director

Karen Hall
Assistant Executive Director
Director of Communication
Girls Program Director

Diane Stotts
Executive Secretary

Members:

Howard Bullard
Former Administrator/Principal

Timothy Freeman
Director
Pittsburgh Millionaires/University Prep

Rahmon Hart
Director of Community Relations
Rivers Casino

Gary Schwager
Senior Investment Analytics Consultant
BNY Mellon

Ozanam Leadership Conference



Coach Hall is a former NCAA women's basketball head coach and a University of Nevada-Las Vegas full scholarship player, graduate and three time Academic Athletic Achievement Award Winner. Hall has more than 30 years of basketball experience as a player, coach and player development instructor. Hall still holds the record at UNLV for most career steals and in 1996 she was inducted into the Western PA High School Hall of Fame.

Currently, Hall is the ambassador of the NFL PLAY 60 program and one of 11-member Equal Opportunity Review Commission appointed by Pittsburgh Mayor Bill Peduto. When you think about sports in Western Pennsylvania, one name comes to mind is Darelle "Dap" Porter. Dap Porter is the epitome of a hands-on-dad, and he wouldn't have it any other way.

"We have a program to provide for every need a kid might have. We have a strength and conditioning program. If the kids need food we got a dinner program and they don't have to pay for nothing," said Dap Porter. "If these kids work hard enough they can use this basketball to go to school for free. To go all over the country. To go all over the world and to get paid."

Porter, a former athletic-combo guard at the University of Pittsburgh. Porter, Sean Miller, Jason Matthews, Brian Shorter and Bobby Martin, were recruited by John Calipari and they are one of the best recruiting classes in Pitt Panther history. Porter has always been a leader and is still making a big impact on his hometown city.

"When I played 25 years ago only a couple European players were playing basketball and now you have 5 or 6 on every team," said Dap Porter. "If you want a school to give you a scholarship you have to be special. Attend classes, get good grades, high character, be responsible on social media, work hard and keep your nose clean. Because you're competing now for a few scholarships with players from all over the world."

At the 5th Annual Ozanam Youth Basketball Leadership Conference coaches and volunteers Monica Williams and Citiparks' staff, Jack Shannon, Sean Gibson and Darnell Farrow were running players through drills and at the same time legends like Monique McCoy was signing autographs.

Contributors to Ozanam are: McGinley Foundation, Mike Logan, Maria Townsend, Gregory Johnston, Marla Dixon-Smith, Fuel-Up to Play 60, DHS, Dave Edmunds, The Miles Group, Pittsburgh Public Schools, APOST, UWAC and Pittsburgh Promise.

The Pittsburgh Promise helps pay for college tuition, fees, books, and room and board for students who have been enrolled in Pittsburgh Public Schools, or one of the four schools chartered by Pittsburgh Public Schools. Students must attend any accredited college, university, trade or technical school in Pennsylvania.

"In basketball you have to focus, warm up, get excited and practice. And it's the same thing for academic success. Grades, attendance, practice and ask for help if you need it," said Amirah Hunt of Pittsburgh Promise. "Pittsburgh Promise can help as one of your coaches. Scholarships up to \$40,000. You need to maintain a 2.5 gpa and 90 percent class attendance. Live within the city limits. Pittsburgh Promise wants to be one of your coaches to help you reach your dreams."

As clichéd as it may seem, basketball and football is indeed about the journey, not the destination. To get the results you want in the gym or on the field, you need the proper strength and conditioning training.

Mike Logan got hooked on football the same way many other young area athletes did: he read and watched everything Steelers. "You guys have an advantage because you're learning at an early age. I didn't have a weight program. When I went to college at West Virginia I couldn't bench press 225 pounds as a freshman," said former Pittsburgh Steelers Mike Logan. "Coach Greg Johnston and I will provide free strength and conditioning training right here every Tuesday and Thursday evening at 6:30 p.m."

A champion is a champion not for trophies given, but because of his order of thinking and ability to claim responsibility for what he or she and his or her achievements.

The aim is to think correctly, plan correctly and execute the plan correctly. You have to recognize it is your responsibility to choose what you do with your life. It's your decision; not your mother's, not your girlfriend's or boyfriend's, not your coaches.

At this time of year, we often reflect on the importance of family. And while some families are related by blood, just as important are those families who may be unrelated, but that are formed through the same bonds of love and support as your Ozanam family.

Ozanam Visits Ronald McDonald House in Lawrenceville

Ozanam mission is making a difference in the lives of the youth served. During the summer Ozanam youth, through the relationship established by Executive Director Darelle Porter extended a helping hand to the staff and families of Pittsburgh Ronald McDonald House located in Lawrenceville.

Ronald McDonald House, which opened its doors in July 1979, helps families stay close to their sick children when they need to heal. The house connects to Children's Hospital via the third floor allowing families to only be an elevator ride away from their children. It offers each family a suite with a kitchen, living room, bedroom, bathroom and common areas that include a community room, computer area, play-room, kitchen, dining room, and laundry area.

Today, more than 345 Ronald McDonald Houses help families worldwide.



Ronald McDonald
House Charities®
of Pittsburgh

AFRICAN-AMERICAN FACTS

- Wyomia Tyus is a retired American Track and Field sprinter, and the first person to retain the Olympic title in the 100 meter. Tyus, from Tennessee State University, participated in the 1964 Summer Olympics at age 19. Today in Griffin, Georgia she has a park named after her, Wyomia Tyus Olympic Park
- John Carlos is an American former track and field athlete and professional football player. He was the bronze-medal winner in the 200 meters at the 1968 Summer Olympics and his Black Power salute on the podium with Tommie Smith caused much political controversy. He went on to tie the world record in the 100 yard dash and beat the 200 meters world record. He played briefly in the Canadian Football League but retired due to injury.
- Senator John Heinz History Center in Pittsburgh hosted "Barrier Breakers: An Evening with Olympic Greats" Those legendary track and field Olympic greats included John Carlos, Wyomia Tyus and Robert "Bob" Beamon. Beamon is best known for his world record in the long jump at the Mexico Olympics in 1968, which remained the world record for 22 years, 316 days until it was broken in 1991 by Mike Powell.

Ozanam, Inc.
PO Box 99953 Pittsburgh, PA 15233
412.583.2249 www.ozanamprogram.org
ozanaminc@gmail.com
Darelle Porter, Executive Director
Program Director

NUTRITIONAL FACTS

- What's tasty, easy, and has lots of health benefits? Yogurt!
- Yogurt makes a perfect after workout snack. The protein combination of protein and carbs help fuel recovery, replenishes energy stores and repairs muscle.
- Scientist define fruit as the part of a plant that develops from a flower and has seeds. So that means peppers-along with squash, cucumber and pumpkin-as fruits. It's up to you whether or not to include any of those items in your next fruit salad.

Thank You:

T.E.A.C.H.E.R.S., First National Bank, APOST, Pittsburgh Public Schools, Department of Human Services, Duquesne University Learning Center, University of Pittsburgh, Willis Foundation, McGinley Foundation, UPMC, Citiparks, BNY Mellon, Josh Gibson Foundation, Dr. Maria Townsend, Heinz Endowment, Pittsburgh Promise, Fifth Third Bank, Fuel Up to Play 60, Clark Hill Thorpe Reed., Dave Edmunds, Urban Officials, Focus Imaging & Printing, The Miles Group, Ammon Rec Center.

Ozanam Facts:

- Cultural Exchanges domestic and abroad are trademarks of Ozanam.
- Participants attend Public, Private, Parochial and Charter Middle and High
- Five of seven Board Members are Ozanam alumni.